



# Lunch Menu

February 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
<a href="#">Student Breakfast Meal</a> \$2.50 <a href="#">Student Lunch Meal</a> \$4.25		Ravioli Pasta with Marinara Sauce Breadstick  Fresh Roasted Acorn Squash Roasted Broccoli	Chicken Tikka Masala Bowl Brown Rice  Roasted Cauliflower Sliced Cucumber	Chili Fries Bowl Tortilla Chips Black Bean and Vegetable Salad  Red Peppers Strips
6	7	8	9	10
Chicken Alfredo Pasta Garlic Toast  Fresh Roasted Zucchini Baby Carrots	Bean and Beef Rice Bowl  Mexicali Corn Red Peppers Strips	Vegetarian Chili with a Baked Potato Corn Muffin  Green Beans Celery Sticks	Chicken Tender Bowl Brown Rice  Broccoli Carrot Slices	Beef Meatloaf Roll  Pinto Beans Coleslaw
13	14	15	16	17
Beef Patty Steak Biscuit Country Gravy  Baked Beans Fresh Tomatoes	Waffles Scrambled Eggs Syrup   Tater Tots Broccoli	Chicken Bowl with Cauliflower, Fries and Cheddar Cheese Biscuit  Roasted Carrots Celery sticks	General Tso's Beef with Vegetables Brown Rice  Broccoli Baby Carrots	Mac and Cheese BBQ Chicken Breadstick  Coleslaw Fresh Sliced Cucumber
20	21	22	23	24
Winter Recess  	Winter Recess  	Winter Recess  	Winter Recess  	Winter Recess  
27	28			
Chicken Patty Parm Biscuit  Fresh Broccoli Mashed Potato	Meatballs Spaghetti with Marinara Sauce  Mix Green Salad			<a href="#">Adult Breakfast Meal</a> \$3.00 (includes tax)  <a href="#">Adult Lunch Meal</a> \$5.50 (includes tax)

Offering Daily

- \*[ACTION STATION](#)-Sautéed Fresh & Hot! Lo Mein Bar made to order
- \*[Grab n Go STATION](#)- Burgers & Chicken Sandwiches on a Bun
- \*[SMOOTHIE STATION](#)- Yogurt blended with fruit and Granola on the side
- \*[SALAD STATION](#)- choice of various offerings with Dinner Rolls
- \*[DELI STATION](#) - Made to Order Sandwiches with Boars Head Meats
- \*[DAILY VEGETABLES](#)-Carrot Sticks and Cucumber Coins offered daily
- \*[GOURMET PIZZA STATION](#)-Specialty Pizzas Daily along with Cheese, Pepperoni (P)
- \*[DAILY SOUP STATION](#)- Chicken Noodle Soup

All Meals include: Entrée, 1 cup of Vegetables, Bread/Grain (All grains served are whole grain) , Fresh Fruit (choice of apples, oranges or bananas) and a choice of Milk (Fat Free White, Chocolate or 1% Milk, No rBST and No Artificial Hormones)

**Breakfast menu:** Omelets Made To Order, Egg Sandwiches, Bagels, Cold Cereal, Muffins and More!

**Breakfast is available 7:30 am to 9:30 am daily**

[Click here](#) to see the Selection of Ala carte healthy Snacks and beverages with prices.

These items require payment at the register or funds on account with MySchoolBucks.

